

Past Simple

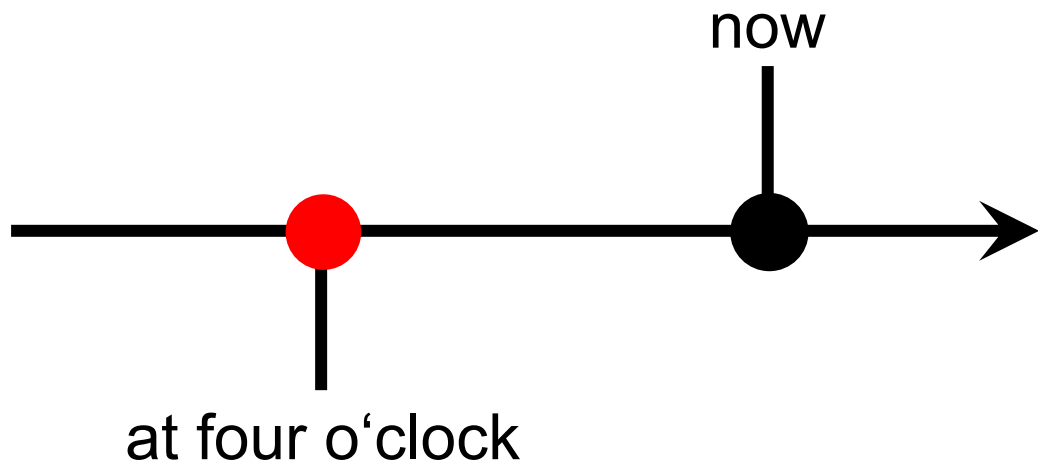
OR

Present Perfect

Past Simple

Use the *past simple* to talk about something that happened at a **particular time in the past**.

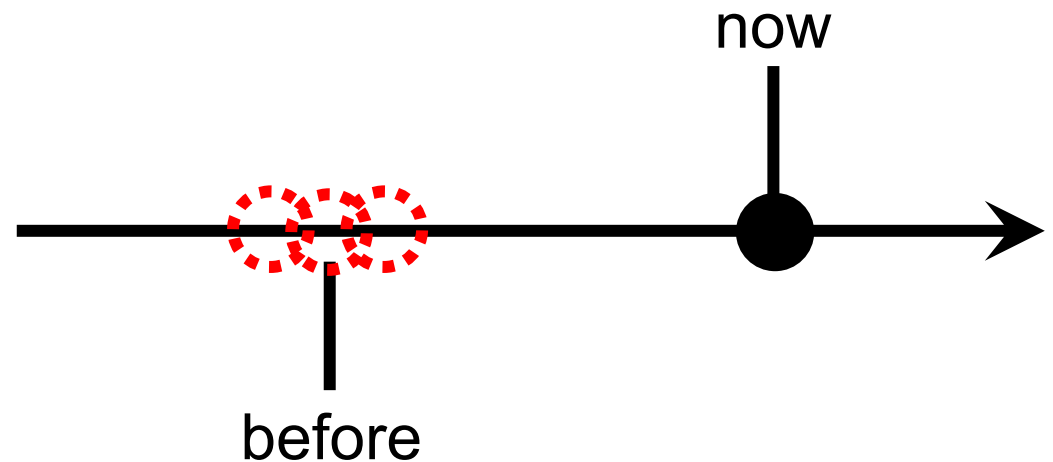
- I **met** John **at four o'clock**.



Present Perfect

Use the *present perfect* to talk about **the past**, but **not about when things happened**:

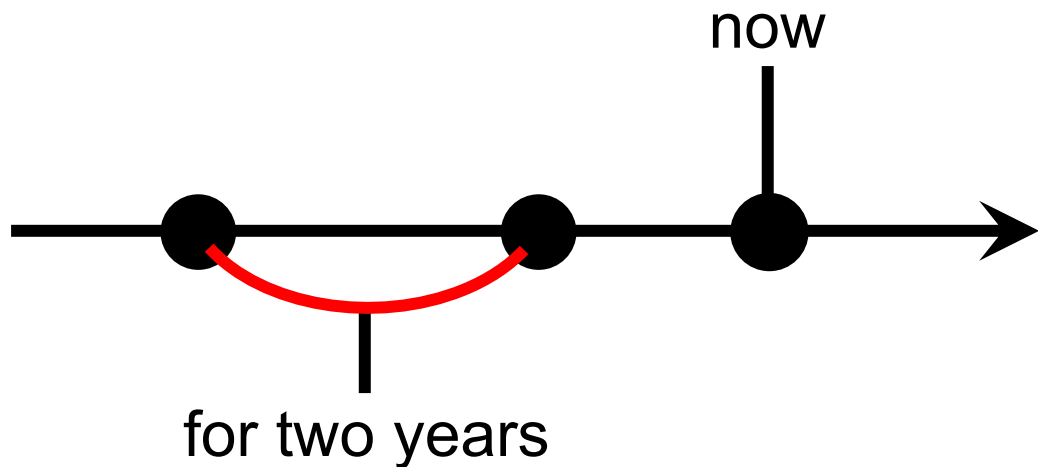
- I **have met** John's girlfriend. She's nice.



Past Simple

Use the *past simple* for situations or actions during a **period of time that ended in the past.**

- I **worked** there **for two years.** (I left last year.)



Present Perfect

Use the *present perfect* for situations or actions during a **period of time from the past to now.**

- I **have worked** here **for two years.** (I still work here.)

